

What is Type 1 Diabetes?

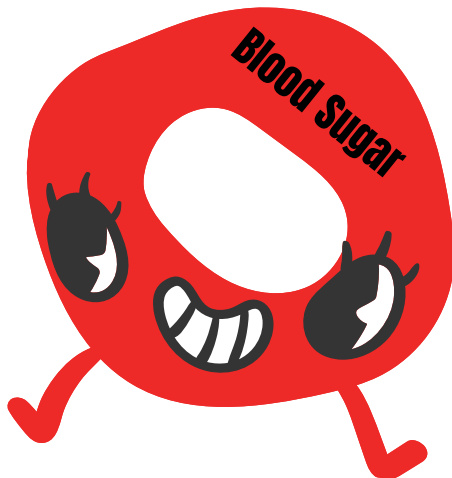
Pancreas

The pancreas is an organ inside our body! Its job is to make insulin. If our pancreas stops working, no insulin can be made. This is what happens for people with Type 1 Diabetes!



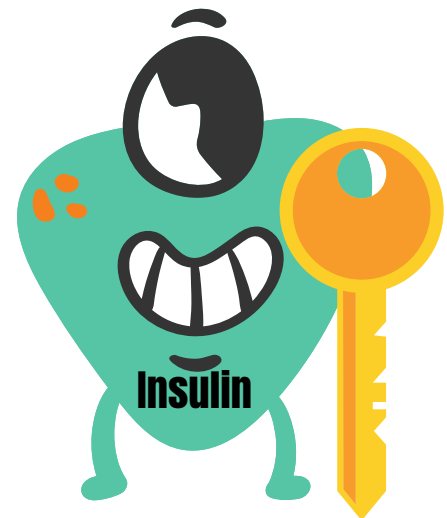
Blood Sugar

Our body uses the foods we eat as fuel! This fuel travels through our body as blood sugar.



Insulin

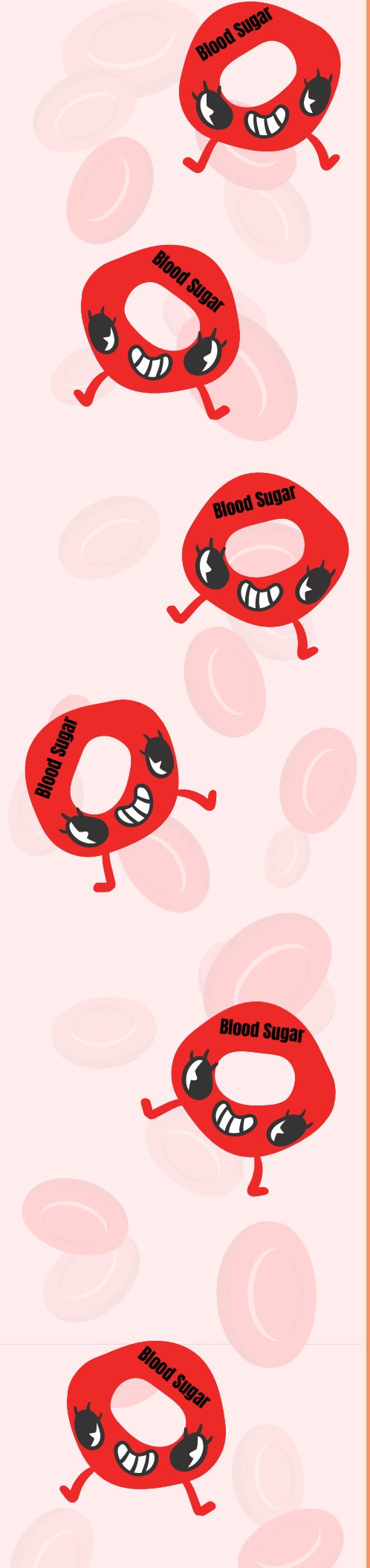
Insulin is the key to let blood sugar into our cells. This is how our body gets energy!



WHAT HAPPENS IF THERE IS NO INSULIN

If there is no insulin in the body, the fuel (blood sugar) can't get inside our cells. If this happens, the blood sugar stays in our blood stream and our cells run out of energy.

CELL



WHY INSULIN IS IMPORTANT

So, every time we eat, we need to give our body insulin. That way, the blood sugar that gives energy to our cells can get inside.

