

EMOTIONS MASK

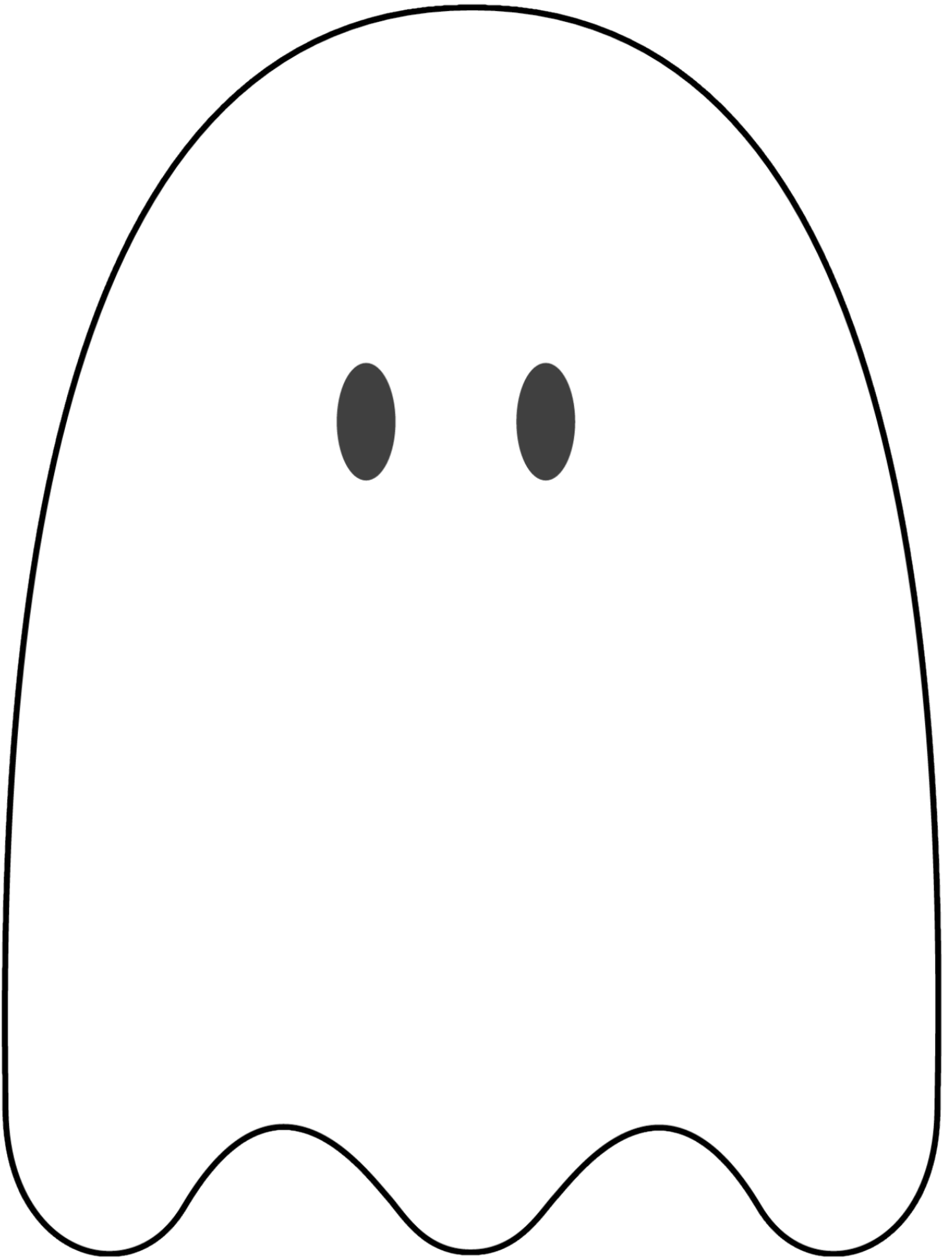


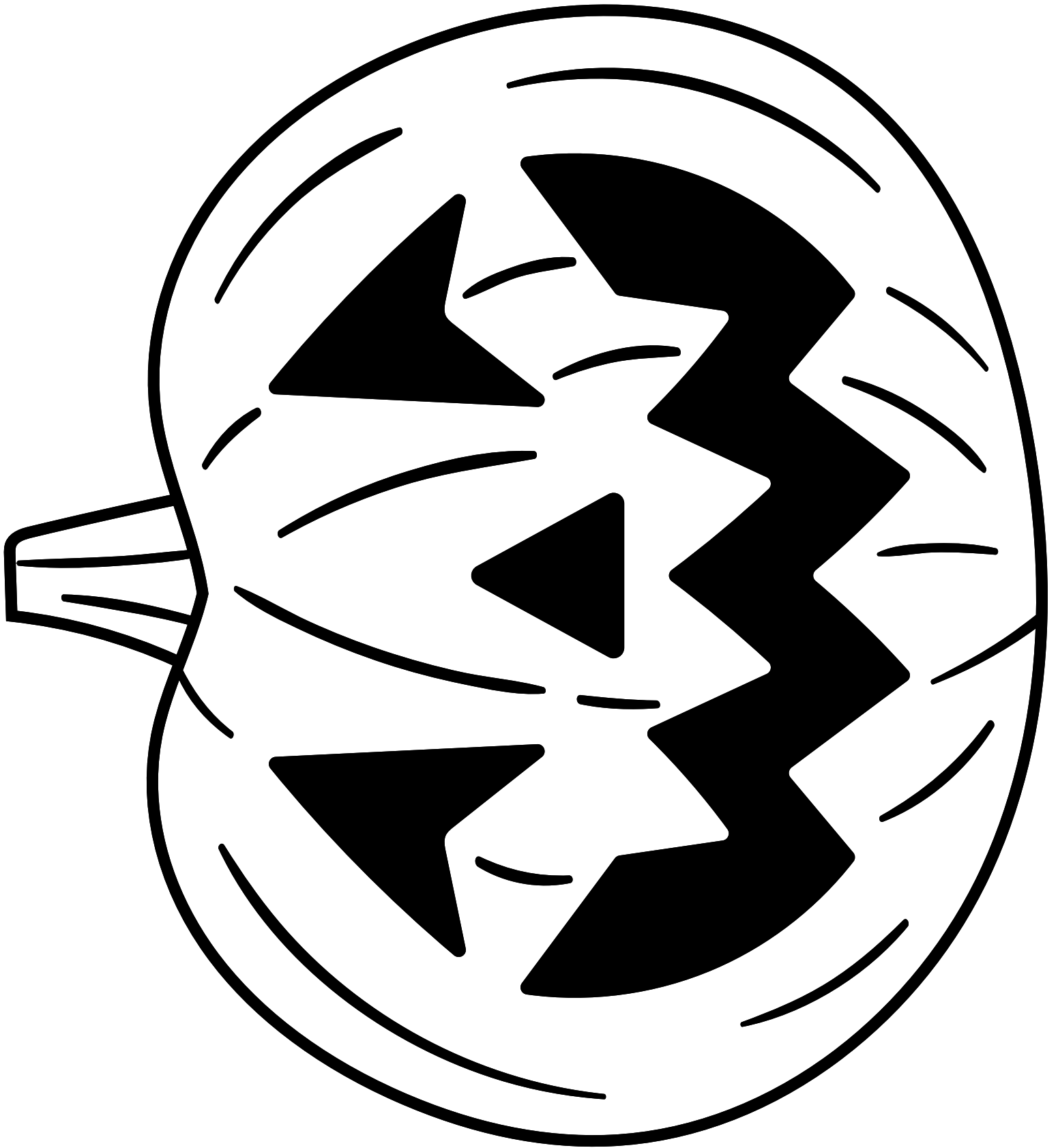
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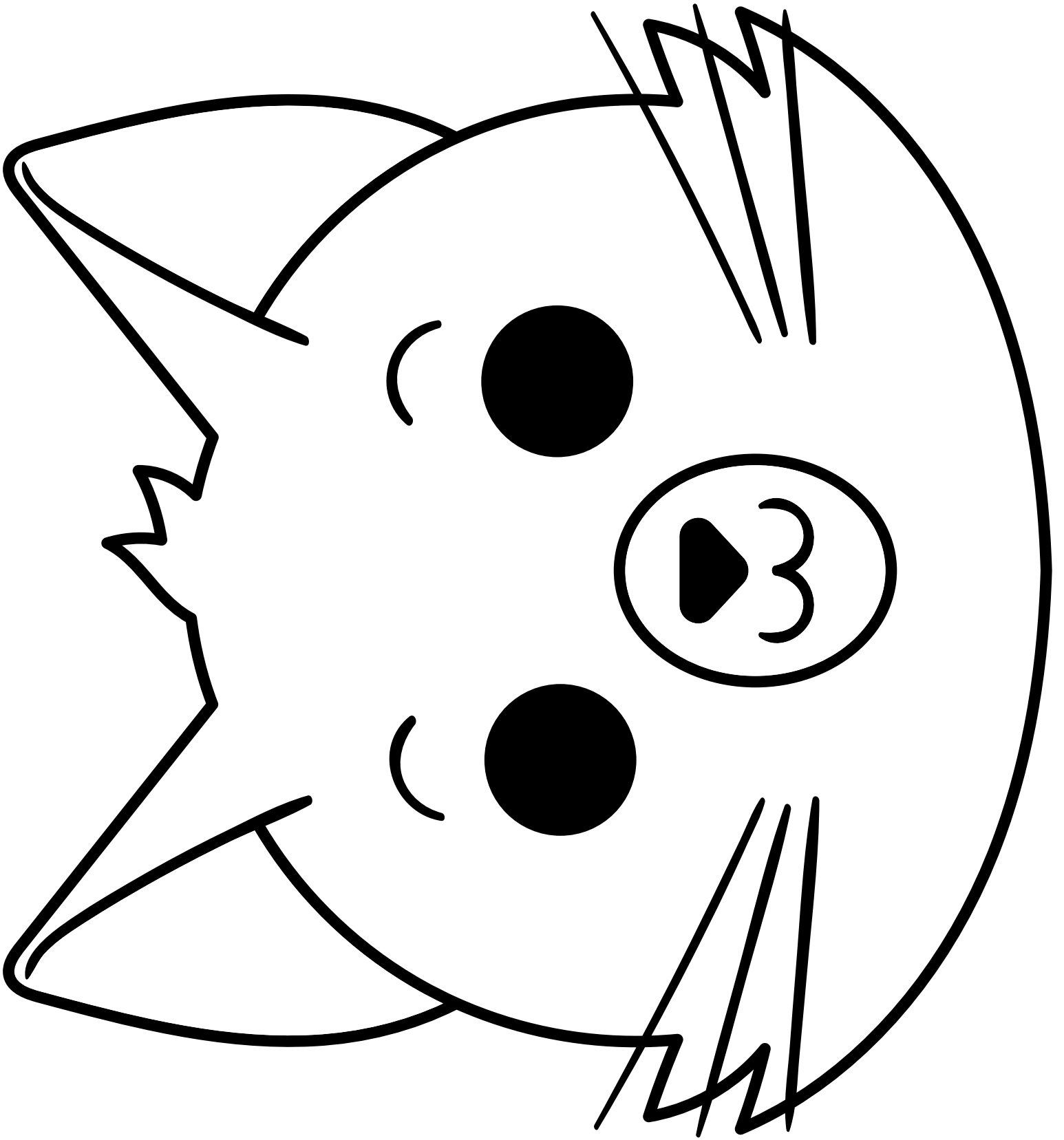
We experience a lot of emotions everyday! We show some of our emotions to the outside world. We might hide other emotions. Use the Emotions Mask activity to identify which emotions you like to show and which emotions you tend to hide!

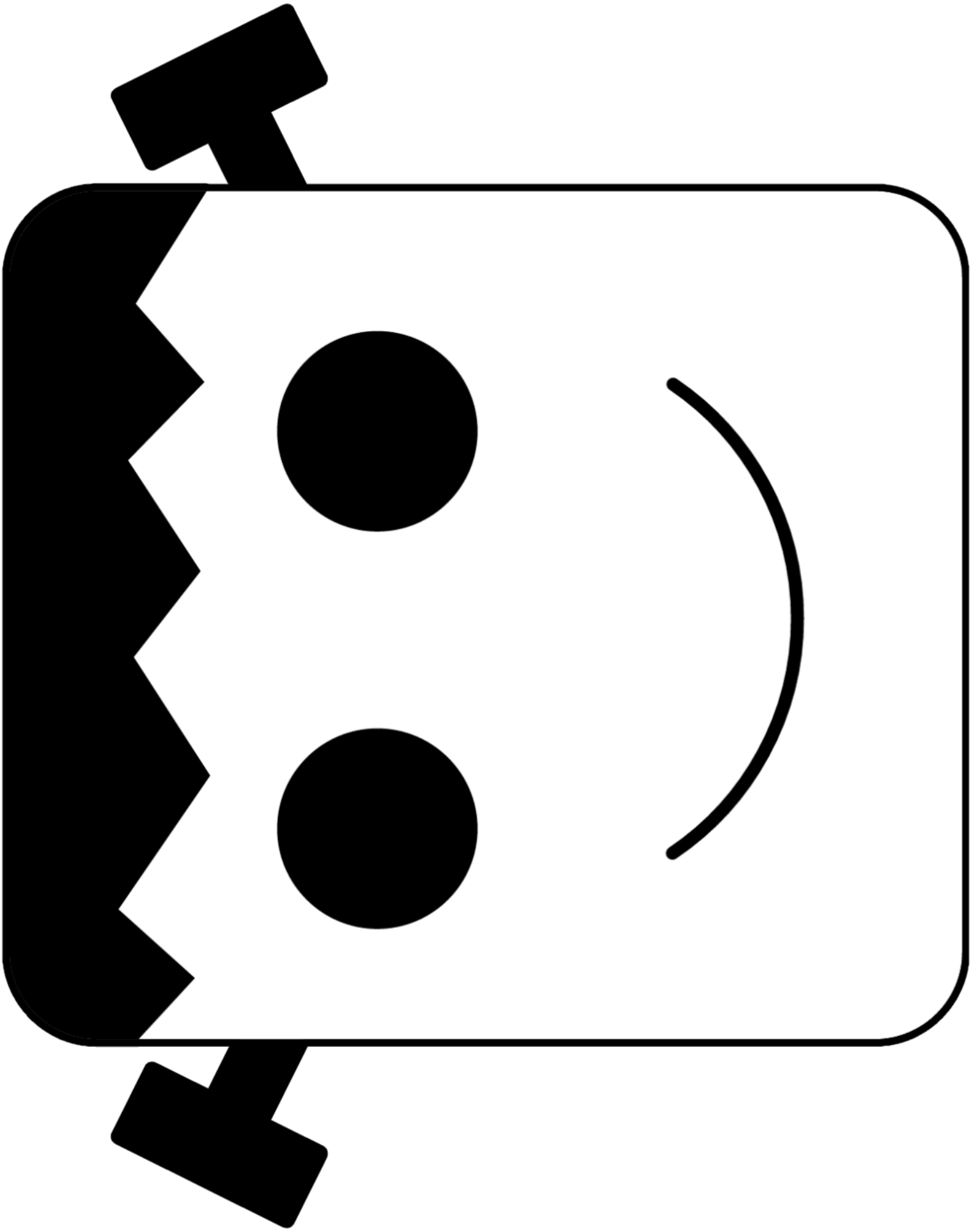
How to Play:

1. Choose your favorite mask to use for this activity or make your own!
2. Cut out the emotions faces or print them out as emotions stickers.
3. Glue or stick on the emotions you like to show other people to the outside of your mask.
4. Glue or stick on the emotions you tend to hide to the inside of your mask.
5. Attach the paper strip to each side of the mask so you can wear it. Show your mask with others! What emotions do you show? Which do you hide?











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PRINT YOUR OWN STICKERS!

Print stickers using the 1.67" Circle Labels printable sticker sheets.

[Amazon.com](https://www.amazon.com)



[sheetlabels.com](https://www.sheetlabels.com)





SAD



SILLY



SHOCKED



CALM



ANNOYED



JOYOUS



FRIENDLY



NERVOUS



SCARED



ANXIOUS



FURIOUS



TIRED



LOVE



WORRIED



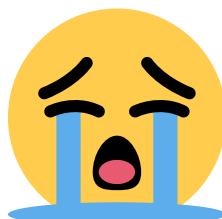
CONFIDENT



HAPPY



DISAPPOINTED



DISTRAUGHT



CONFUSED



PROUD



EXCITED



ANGRY



FRUSTRATED



EMBARRASSED



SAD



SILLY



SHOCKED



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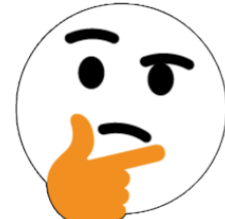
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